

ACTION RECOVERY: BRAIN INJURY (BI) SERVICES: NEUROCOGNITIVE STRUCTURED DAY



Our supportive team works together to provide specialized services to individuals with brain injury. Neurocognitive Structured Day Services provide individuals with brain injuries targeted activities to assist with acquisition, retention, or improvement in self-help, socialization and adaptive skills. Overall program goals include independent functioning and improved cognition, communication, community integration and life skills, with the supports necessary for mood and behavioral stability to increase opportunities for success in working toward individualized goals.



Neurocognitive Structured Day program provides:

- Individualized Personal Service Plans that are goal focused. Plans are established on the foundation of each person's individuality, preferences, strengths, and needs, utilizing a team approach that includes not only the individual's input, but family and team members as well.
- Community integration activities and outings to assist with the development of independent living skills such as: budgeting, social skills, organization, problem solving, time management and behavior modification
- Site-based skill building groups such as: cooking, money management, employment skills, hygiene, physical exercise, arts and creativity, sensory activities and technology training
- Individualized supports offered by a multidisciplinary team, including Certified Brain Injury Specialists and other professionals, as defined by the individual's cognitive, physical, emotional, social, vocational and recreational plans
- Vocational, woodshop and tutoring assistance available

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New Vitae

WELLNESS AND RECOVERY

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New Vitae...Your New Life

New Vitae Wellness and Recovery offers seamless integration of clinical and residential services for adults that includes:

- **Strength-based** and **trauma-informed care**
- **Neurocognitive Rehabilitation Services**
- **Residential Treatment for Adults**, enhanced Personal Care Homes, and apartments with varying levels of supervision
- **Intensive Outpatient Services** to assist individuals with substance use challenges
- **Partial Hospitalization Program** to benefit individuals in need of intensive daily support
- **Outpatient services**, including medication management, individual therapy, and group therapies
- **Deep Transcranial Magnetic Stimulation (dTMS)** and **Cranial Electrotherapy Stimulation (CES)** services to treat chronic depression
- **Mobile Psychiatric Rehabilitation Services**
- **Certified Peer Specialists**
- Clinical expertise to serve **veterans, young adults**, the **LGBTQA** community, individuals with complex trauma, and long-term mental health disorders (e.g. **Brain Injuries, Schizophrenia, Autism, Intellectual Disabilities**, etc.)

New Vitae Wellness and Recovery does not discriminate on the basis of race, color, gender, religious creed, disability, handicap, ancestry, sexual orientation, national origin, or limited English proficiency.